

*An interview with Dr Eduard Vieta, ISBD 2018 Keynote Speaker. Dr Vieta will present “Early Intervention in Bipolar Disorder” on Saturday, March 10<sup>th</sup> at 11:15am in Mexico City.*

**Please introduce yourself and what are your current ongoing projects?**

Dr Eduard Vieta – I am the Head of the Department of Psychiatry and Psychology at a University Hospital, Professor of Psychiatry at the University of Barcelona, and Scientific Director of the Center of Biomedical Research in Mental Health. Our current projects mainly involve the pathophysiology of bipolar disorder and its treatment, but we also work on first episodes and recurrent depression.



**What is the greatest challenge at the moment in the field of bipolar disorders?**

The greatest challenge to the field of bipolar disorders is to introduce the personalized medicine paradigm and early intervention in clinical practice.

**What will you speak about at the conference? And why is this controversial/important?**

I will speak on early intervention (early detection and treatment of bipolar disorder). It is extremely important because this is the way to prevent many of the problems associated with this condition, and particularly neuroprogression and functional impairment.

**What are you looking forward to at ISBD 2018?**

I look forward to an exciting exchange of knowledge, ideas, and projects, as usual in this excellent meeting that gathers the best scientists and clinicians in the field.

**Why should others attend ISBD 2018?**

Others should attend ISBD 2018 for those same reasons, to learn a lot!